

## Main Nursery Menu

Autumn & Winter Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>  08.15 - 08.45	Rice Snaps and Sliced Bananas <b>Barley</b> Or Malted Wheats and Sliced Banana  <b>Whole Wheat, Barley</b>	Wholemeal Toast with Olive Spread and Sliced Apple  <b>Wheat, Soya</b>	Porridge with Raisins  <b>Oats</b>	Weetabix and Sliced Pears  <b>Wheat, Barley</b>	Wholemeal Toast with Olive Spread and Grapes  <b>Wheat, Soya</b>
	With <b>Milk</b>	With <b>Milk</b>	With <b>Milk</b>	With <b>Milk</b>	With <b>Milk</b>
<b>Morning Snack</b>  10.00 -10.30	Toasted Muffin with Olive Spread and Grapes  <b>Wheat, Soya, Milk</b>	Crackerbread with Olive Spread and Melon Sticks  <b>Wheat</b>	Oatcakes with Cream Cheese and Satsumas  <b>Oats, Milk</b>	Wholemeal Toast with Olive Spread and Apple Slices  <b>Wheat, Soya</b>	Rice Cakes with Cream Cheese and Pineapple Sticks  <b>Milk</b>
	With <b>Milk</b> or Water	With <b>Milk</b> or Water	With <b>Milk</b> or Water	With <b>Milk</b> or Water	With <b>Milk</b> or Water
<b>Lunch</b>  11.15 - 12.15	Cod/Salmon Pie or Vegetable and Lentil Pie in a Cheesy Vegetable Layer with Sweet Potato Mash <b>Fish, Wheat, Milk</b>  Fromage Frais with Apricots <b>Milk</b>	Lamb Meatballs or Vegetarian Meatballs (Heck Mince) in a Tomato Sauce with Vegetable Cous Cous <b>Celery, Wheat</b>  Apple and Pear Cobbler with Custard <b>Wheat, Milk</b>	Vegetable and Lentil Soup with Bread Roll <b>Celery, Wheat, Soya</b>  Cranberry and Vanilla Shortbread Fingers with Creme Fraiche  <b>Wheat, Milk</b>	Sausage or Vegetarian Sausage with Mash Potato, Peas, Carrots, Broccoli and Green Beans <b>Wheat, Soya, Sulphur Dioxide, Gluten, Dextrose, Milk</b>  Rice Pudding with Raisins <b>Milk</b>	Beef Lasagne Or mixed Bean Pasta with hidden Vegetables served with Garlic Bread <b>Wheat, Milk Celery, Strawberry Fluff (with Strawberries)</b> <b>Milk</b> Or Fruit Salad (Vegetarian)
	Water	Water	Water	Water	Water
<b>Afternoon Snack</b>  15.15 - 15.45	Crackers with Olive Spread and Grated Cheese, and Cucumber Sticks  <b>Wheat, Milk</b>	Ham Sandwiches with Pear Slices  <b>Wheat, Soya</b>	Crumpet with Olive Spread and Banana Slices  <b>Wheat</b>	Pitta Bread Fingers with Houmous and Pepper Sticks  <b>Wheat, Milk</b>	Toasted Bagel with Olive Spread and Melon Sticks  <b>Check Product</b>
	With <b>Milk</b> or Water	With <b>Milk</b> or Water	With <b>Milk</b> or Water	With <b>Milk</b> or Water	With <b>Milk</b> or Water

**Note : Fresh drinking water is available throughout the day**

## Main Nursery Menu

Autumn & Winter Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>  08.15 - 08.45	Wholemeal Toast with Olive Spread and Melon Fingers  <i>Wheat, Soya</i>	Porridge with Cranberries  <i>Oats</i>	Corn Flakes with Apple Slices <i>Barley</i> Or Malted Wheat and Apple Slices <i>Whole Wheat, Barley</i>	Wholemeal Toast with Olive Spread and Orange Segments  <i>Wheat, Soya</i>	Porridge with Raisins  <i>Oats</i>
	With <i>Milk</i>	With <i>Milk</i>	With <i>Milk</i>	With <i>Milk</i>	With <i>Milk</i>
<b>Morning Snack</b>  10.00 - 10.30	Crackers with Olive Spread and Apple Slices  <i>Wheat</i>	Orange and Blueberry Pancakes with Banana Slices  <i>Wheat, Egg, Milk</i>	Bread Sticks with a Cheesy Garlic Dip and Pineapple Sticks  <i>Wheat, Barley, Milk, Egg</i>	Crackerbread with Olive Spread and Grapes  <i>Wheat</i>	Oat Cakes with Cream Cheese and Melon Sticks  <i>Oats, Milk</i>
	With Milk or Water	With Milk or Water	With Milk or Water	With Milk or Water	With Milk or Water
<b>Lunch</b>  11.15 - 12.15	Roast Chicken or Tofu with Mash Potato, Carrots, Broccoli, Peas, Green Beans and Gravy <i>Milk (Wheat)</i>  Rice Pudding and Peach Puree <i>Milk</i>	Beef Chilli or Veggie Chilli (Heck Mince) with Red Kidney Beans Served with Pasta and Garlic Bread <i>Celery, Wheat, Soya, Milk</i>  Blueberry Sponge Cake and Custard <i>Wheat, Egg, Milk</i>	Pork or Lentil, Leek and Mustard Casserole served with Cous Cous  <i>Celery, Wheat</i>  Fromage Frais with Mango <i>Milk</i>	Quorn or Soya Cottage Pie with Seasonal Vegetables and Sweet Potato Mash  <i>Egg/Soya, Celery, Milk</i>  Apricot and Raisin Flap Jack With Crème Fraiche <i>Oats, Milk, Sulphites</i>	Salmon/Cod Potato Curry or Lentil and Potato Curry Served with Pilau Rice and Naan Bread <i>Fish, Celery, Mustard,</i>  Banoffee Truffle with A Vanilla Sauce <i>Wheat, Milk</i>
	Water	Water	Water	Water	Water
<b>Afternoon Snack</b>  15.15 - 15.45	Bagels and Olive Spread with Melon Sticks  <i>Check Product</i>	Potato Cakes with Olive Spread and Grapes  <i>Wheat, Milk</i>	Cheese and Ham Pizza Wheels with Cucumber Sticks  <i>Wheat, Milk</i>	Chicken Sandwiches with Apple Slices  <i>Wheat, Soya</i>	Beans on Toast with Olive Spread  <i>Wheat, Soya</i>
	With <i>Milk</i> or Water	With <i>Milk</i> or Water	With <i>Milk</i> or Water	With <i>Milk</i> or Water	With <i>Milk</i> or Water

**Note :** Fresh drinking water is available throughout the day

## Main Nursery Menu

Autumn & Winter Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>  08.15 - 08.45	Porridge and Apple Slices  <i>Oats</i>	Weetabix and Banana Slices  <i>Wheat, Barley</i>	Wholemeal Toast with Olive Spread and Melon Sticks  <i>Wheat, Soya</i>	Rice Snaps and Satsumas <b>Barley</b> Or Malted Wheat and Satsumas  <i>Whole Wheat, Barley</i>	Wholemeal Toast with Olive Spread and Pears  <i>Wheat, Soya</i>
	With <i>Milk</i>	With <i>Milk</i>	With <i>Milk</i>	With <i>Milk</i>	With <i>Milk</i>
<b>Morning Snack</b>  10.00 - 10.30	Crackerbread with Olive Spread and Grapes  <i>Wheat</i>	Breadsticks with Cream Cheese and Melon Sticks  <i>Wheat, Barley, Milk</i>	Crackers with Olive Spread and Banana Slices  <i>Wheat</i>	Wholemeal Toast with Olive Spread and Pineapple Sticks  <i>Wheat, Soya</i>	Rice Cakes with Olive Spread, Grated Cheese and Apple Slices  <i>Milk</i>
	With <i>Milk</i> or Water	With <i>Milk</i> or Water	With <i>Milk</i> or Water	With <i>Milk</i> or Water	With <i>Milk</i> or Water
<b>Lunch</b>  11.15 - 12.15 pm	Lamb and Mint Kofta or Heck Mince Mint Kofta with Seasonal Vegetables and Potato Wedges <i>Egg, Soya, Wheat</i>  Fromage Frais with Peaches <i>Milk</i>	Chicken or Mixed Bean and Lentil Pasta Primavera with Garlic Bread <i>Celery, Wheat, Soya, Milk</i>  Raspberry Oat Finger With Vanilla Sauce <i>Oats, Milk</i>	Homemade Salmon/Cod Fish Cakes or Cheese, Barley and Vegetable Bake with Sweet Potato Mash, Peas and Sweetcorn, Gravy <i>Fish, Wheat, Soya, Milk, Barley</i>  Mandarin Jelly or Fruit Salad (Vegetarian Option)	Butterbean and Lentil Goulash with Rice and Seasonal Vegetables  <i>Celery</i>  Fromage Frais and Pear Puree <i>Milk</i>	Cottage Pie or Quorn/Soya Cottage Pie with Carrots, Peas, Celery, Butternut Squash, Onion and Mash Potato <i>Celery, Milk, (Egg/Soya)</i>  Apple and Raisin Cake with Custard <i>Wheat, Egg, Milk</i>
	Water	Water	Water	Water	Water
<b>Afternoon Snack</b>  15.15 - 15.45	Crumpet with Olive Spread and Pear Slices  <i>Wheat</i>	Wholemeal Toast Fingers with Olive Spread and Grapes  <i>Wheat, Soya</i>	Bagels and Cream Cheese with Pineapple Sticks  <i>Check Product</i>	English Muffins with Olive Spread and Melon  <i>Wheat, Milk, Soya</i>	Bacon, Courgette, and Cheese Muffins with Carrot/Cucumber Stick  <i>Wheat, Egg, Milk</i>
	With <i>Milk</i> or Water	With <i>Milk</i> or Water	With <i>Milk</i> or Water	With <i>Milk</i> or Water	With <i>Milk</i> or Water

**Note :** Fresh drinking water is available throughout the day

## Main Nursery Menu

Autumn & Winter Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b> 8.15 am - 8.45 am	Wholemeal Toast with Olive Spread and Orange Segments  <i>Wheat, Soya</i>	Corn Flakes and Apples Slices Or Barley Malted Wheats and Apple Slices <b>Whole Wheat</b>	Porridge and Raisins  <i>Oats</i>	Wheat Bisks and Satsumas  <i>Wheat, Barley</i>	Wholemeal Toast with Olive Spread and Pears  <i>Wheat, Soya</i>
	With <i>Milk</i>	With <i>Milk</i>	With <i>Milk</i>	With <i>Milk</i>	With <i>Milk</i>
<b>Morning Snack</b> 10.00 am - 10.30 am	Oat Cakes with Cream Cheese and Melon  <i>Oats, Milk</i>	Homemade Vanilla Pancakes and Orange Segments  <i>Wheat, Eggs, Milk</i>	Wholemeal Toast with Olive Spread and Apple Slices  <i>Wheat, Soya</i>	Crackers with Olive Spread and Pears  <i>Wheat</i>	English Muffins with Olive Spread and Grapes  <i>Wheat, Soya, Milk</i>
	With <i>Milk</i> or Water	With <i>Milk</i> or Water	With <i>Milk</i> or Water	With <i>Milk</i> or Water	With <i>Milk</i> or Water
<b>Lunch</b> 11.15 am - 12.15 pm	Fish Fingers or Homemade Breaded Vegetable Fingers with Mash Potato, Peas, Sweetcorn and Gravy <i>Fish, Wheat, Soya, Celery, Barley</i> Fruit Scone with Cranberries <i>Wheat, Egg, Milk</i>	Chicken or Tofu Casserole with Seasonal Vegetables and Cous Cous <i>Celery, wheat</i>  Greek yoghurt with Mango puree <i>Milk</i>	Shepherds Pie or Bean and Vegetable Pie with Mash Potato <i>Celery, Milk</i>  Banana Fool <i>Milk</i>	Roasted Butternut Squash and Lentil Soup and Bread Roll <i>Celery, Wheat, Soya</i>  Melting Moments, blackberries and Ice Cream <i>Wheat, Egg, Milk, Oats</i>	Sausage or Vegetarian Sausage Bolognaise with Seasonal Vegetables, Pasta and Garlic Bread <i>Celery, Wheat, Soya, Milk</i>  Fromage Frais with stewed Plum <i>Milk</i>
	Water	Water	Water	Water	Water
<b>Afternoon Snack</b> 3.15 pm - 3.45 pm	Warm Pitta Pockets with Cheese and Tomato and Apple Slices <i>Wheat, Milk</i>	Beans on Toast  <i>Wheat, Soya, Milk</i>	Cheese Sandwiches and Pineapple Sticks  <i>Wheat, Soya,</i>	Salmon and Mayonnaise Wraps with Banana Slices  <i>Wheat, Egg, Fish</i>	Crumpets with Olive Spread and Cucumber and Carrot Sticks <i>Wheat</i>
	With <i>Milk</i> or Water	With <i>Milk</i> or Water	With <i>Milk</i> or Water	With <i>Milk</i> or Water	With <i>Milk</i> or Water

**Note :** Fresh drinking water is available throughout the day

## Main Nursery Menu

Spring & Summer Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b> 8.15am - 8.45am	Wheat Bisks With Banana Slices  <b>Wheat, Barley</b>	Corn Flakes with Apple Slices Barley Ready Brek with Apple <b>Oats (Milk)</b>	Malted Wheat and Melon Sticks  <b>Whole Wheat, Barley</b>	Wholemeal Toast with Olive Spread and Pear Slices  <b>Wheat, Soya</b>	Rice Snaps with Grapes Barley Or Wheat Bisks with Grapes <b>Wheat, Barley</b>
	With <b>Milk</b>	With <b>Milk</b>	With <b>Milk</b>	With <b>Milk</b>	With <b>Milk</b>
<b>Morning Snack</b> 10.00 am - 10.30 am	Breadsticks with Humous and Satsumas  <b>Wheat, Barley, Milk</b>	Crumpets with Olive Spread and Strawberries <b>Wheat</b>	Wholemeal Toast with Olive Spread and Apple Slices and Blueberries <b>Wheat, Soya</b>	Oat Cakes with Cream Cheese and Banana Slices  <b>Oats, Milk</b>	Toasted English Muffins and Mango Fingers  <b>Wheat, Soya, Milk</b>
	With <b>Milk</b> or Water	With <b>Milk</b> or Water	With <b>Milk</b> or Water	With <b>Milk</b> or Water	With <b>Milk</b> or Water
<b>Lunch</b> 11.15 am - 12.15 pm	Mediterranean Bolognese with Cannellini Beans and Garlic Bread <b>Celery, Wheat, Soya, Milk</b>  Fromage Frais With Raspberries <b>Milk</b>	Homemade Salmon/ Cod Fish Cakes, or Homemade Veggie Bites with Mash Potato and Peas and Vegetable Gravy Wheat, Soya, Fish, Egg Celery, Soya, Barley, Milk Mango and Pear Cobbler with Custard <b>Wheat, egg Milk</b>	Shepherd's Pie or Quorn/ Soya Pie with Seasonal Vegetables and Sweet Potato Mash Topping <b>Celery, Milk (Egg/Soya)</b>  Rice Pudding with Raisins <b>Milk</b>	Sausage or Vegetarian Sausage Ragu with hidden Seasonal Vegetables and Garlic Bread. <b>Wheat, Soya, Celery, Milk, Sulphur Dioxide, Dextrose, Gluten</b>  Mandarin Oranges and Jelly and Ice Cream or Fruit Salad (Vegetarian) <b>Milk</b>	Roast Chicken or Tofu with Mash Potato with Carrots, Broccoli, Peas, Cauliflower and Gravy <b>Milk</b>  Fromage Frais with Lychees <b>Milk</b>
	Water	Water	Water	Water	Water
<b>Afternoon Snack</b> 3.15 pm - 3.45 pm	Wholemeal Toast with Olive Spread and Honey Dew Melon <b>Wheat, Soya</b>	Pitta Bread Fingers with a Garlic Dip and Grapes  <b>Wheat, Egg</b>	Bacon and Courgette Muffins or Cheese and Courgette Muffins and Satsumas <b>Wheat, Egg, Milk</b>	Chicken/ Cheese Sandwiches with Mangetout  <b>Wheat, Soya (Milk)</b>	Potato Cakes and Apricot Slices  <b>Wheat, Milk</b>
	With <b>Milk</b> or Water	With <b>Milk</b> or Water	With <b>Milk</b> or Water	With <b>Milk</b> or Water	With <b>Milk</b> or Water

**Note : Fresh drinking water is available throughout the day**

## Main Nursery Menu

Spring & Summer Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b> 8.15 am - 8.45 am	Rice Snaps with Melon Sticks Barley Or Wheat Bisks with Melon <b>Wheat, Barley</b>	Malted Wheats with Apricots  <b>Whole Wheat, Barley</b>	Wholemeal Toast with Olive Spread and Banana Slices  <b>Wheat Soya</b>	Corn Flakes with Apricot Slices Barley Or Wheat Bisks with Apricot Slices <b>Wheat, Barley</b>	Toasted English Muffins with Pears Slices  <b>Wheat, Soya, Milk</b>
	With <b>Milk</b>	With <b>Milk</b>	With <b>Milk</b>	With <b>Milk</b>	With <b>Milk</b>
<b>Morning Snack</b> 10.00 am - 10.30 am	Crackerbread with Olive Spread and Watermelon Slices  <b>Wheat</b>	Homemade Vanilla Pancakes with a Raspberry Coulis and Banana Sticks  <b>Wheat, Egg, Milk</b>	Bread Sticks with a Cheese Dip and Satsumas  <b>Wheat, Barley, Milk</b>	Homemade Banana Bread with Strawberries  <b>Wheat</b>	Wholemeal Toast with Olive Spread and Pineapple Sticks  <b>Wheat, Soya</b>
	With <b>Milk</b> or Water	With <b>Milk</b> or Water	With <b>Milk</b> or Water	With <b>Milk</b> or Water	With <b>Milk</b> or Water
<b>Lunch</b> 11.15 am - 12.15 pm	Beef Meatballs or Veggie Meatballs (Heck Mince) in a Tomato Sauce with Hidden Seasonal Vegetables and Pasta Wheat, Celery  Cherry Fruit Scone and Grapes <b>Wheat, Egg, Milk</b>	Sausage or Veggie Sausage with Mash Potato, Carrots, Peas and Sweetcorn and Gravy Wheat, Soya, Gluten, Sulphur Dioxide, Dextrose  Peach Fool Ripple <b>Milk</b>	Chicken and Vegetable or Vegetable and Lentil Pie with New Potatoes Wheat, Milk, Celery  Strawberry Swiss Roll with Ice Cream <b>Wheat, Egg, Milk</b>	Sweet Potato Spinach and Chickpea Curry with Basmati Rice and Naan Bread Celery, Mustard, Coconut Milk Wheat, Milk  Fromage Fraais with Pears <b>Milk</b>	Breaded Fish Fingers or Homemade Breaded Veggie Fingers with Mash Potato, Peas and Sweetcorn and Vegetable Gravy Fish, Wheat, Soya Celery, Milk  Cranberry and Vanilla Shortbread with Custard <b>Wheat, Milk</b>
	Water	Water	Water	Water	Water
<b>Afternoon Snack</b> 3.15 pm - 3.45 pm	Bagels with Cream Cheese and Mandarins Check Product	Beans on Toast  <b>Wheat, Soya</b>	Crackers with Grated Cheese and Melon Sticks  <b>Wheat, Milk</b>	Oat Cakes with Olive Spread and Fruit Salad  <b>Oats</b>	Salmon and Vegetable Omelette with Cucumber Sticks  <b>Egg, Milk, Fish</b>
	With <b>Milk</b> or Water	With <b>Milk</b> or Water	With <b>Milk</b> or Water	With <b>Milk</b> or Water	With <b>Milk</b> or Water

**Note : Fresh drinking water is available throughout the day**

## Main Nursery Menu

Spring & Summer Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b> 8.15 am - 8.45 am	Malted Wheats with Apple Slices	Wholemeal Toast with Olive Spread and Melon Sticks  <i>Wheat, Soya</i>	Rice Snaps and Grapes Barley Or Wheat Bisks and Grapes <i>Wheat, Barley</i>	Wholemeal Toast with Olive Spread and Satsumas  <i>Wheat, Soya</i>	Wheat Bisks with Pear Slices  <i>Wheat, Barley</i>
	With <i>Milk</i>	With <i>Milk</i>	With <i>Milk</i>	With <i>Milk</i>	With <i>Milk</i>
<b>Morning Snack</b> 10.00 am - 10.30 am	Oat Cakes with Cream Cheese and Banana Slices  <i>Oats, Milk</i>	Crackerbread with Olive Spread and Orange Segments  <i>Wheat</i>	Homemade Vanilla and Blueberry Pancakes with Kiwi  <i>Wheat, Egg, Milk</i>	Crackers with Olive Spread and Pineapple  <i>Wheat</i>	Breadsticks with Humous and Watermelon Fingers  <i>Wheat, Barley, Milk</i>
	With <i>Milk</i> or Water	With <i>Milk</i> or Water	With <i>Milk</i> or Water	With <i>Milk</i> or Water	With <i>Milk</i> or Water
<b>Lunch</b> 11.15 am - 12.15 pm	Creamy Sausage or Veggie Sausage and Leek Hotpot with Hidden Seasonal Vegetables <i>Milk, Celery, Soya, Sulphur Dioxide, Dextrose, Gluten</i>  Fromage Frais and Peaches <i>Milk</i>	Chicken and Vegetable or Vegetable and Chickpea Kheema with Basmati Rice and Naan Bread <i>Celery, Wheat, Mustard, Milk</i>  Banana and Cinnamon Muffins with Custard <i>Wheat, Egg, Milk</i>	Lentil and Broccoli Pasta Bake and Garlic Bread  <i>Milk, Wheat, Celery</i>  Fromage Frais and Strawberries <i>Milk</i>	Homemade Salmon/Cod bites or Cheese, Lentils and Mushroom Cakes with Sweet Potato Mash Peas and Vegetable Gravy <i>Fish, Wheat, Soya, Egg, Celery, Barley, Milk</i>  Summer Crumble with a Vanilla Sauce <i>Wheat, Milk</i>	Lamb and Mint Kofta or Vegetarian Mint Kofta with (Heck Mince) and Vegetable Cous Cous  <i>Wheat, Soya</i>  Raspberry Fruit Jelly or Fruit Pot (Vegetarians)
	Water	Water	Water	Water	Water
<b>Afternoon Snack</b> 3.15 pm - 3.45 pm	Beans on Toast with Olive Spread  <i>Wheat, Soya</i>	Bagels with Cream Cheese and Strawberries  <i>Check Product</i>	Potato Cakes with Olive Spread and Mango Slices  <i>Wheat, Milk</i>	Ham Wrap with Cucumber and Cherry Tomatoes  <i>Wheat</i>	Mini Cheese Pizzas and Melon Sticks and Blackberries  <i>Wheat, Soya, Milk</i>
	With <i>Milk</i> or Water	With <i>Milk</i> or Water	With <i>Milk</i> or Water	With <i>Milk</i> or Water	With <i>Milk</i> or Water

**Note :** Fresh drinking water is available throughout the day

## Main Nursery Menu

Spring & Summer Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b> 8.15 am - 8.45am	Wholemeal Toast with Olive Spread, and Melon Sticks  <i>Wheat, Soya</i>	Wheat Bisks with Satsumas  <i>Wheat, Barley</i>	Corn Flakes and Grapes  <i>Barley</i>	Wholemeal Toast with Olive Spread and Pear Slices  <i>Wheat, Soya</i>	Rice Snaps and Pear Slices Barley Or Wheat Bisks and Pear Slices <i>Wheat, Barley</i>
	With Milk	With Milk	With Milk	With Milk	With Milk
<b>Morning Snack</b> 10.00 am - 10.30 am	Crackers and Mandarins  <i>Wheat</i>	Toasted Muffins with Olive Spread and Banana Slices <i>Wheat, Soya, Milk</i>	Bread Sticks with Mint Rata Dip with Pineapple Sticks  <i>Wheat, Barley, Milk</i>	Crackerbread with Cream Cheese and Grapes and Blackberries <i>Wheat, Milk</i>	Banana Pancakes with Strawberry Slices  <i>Wheat, Egg, Milk</i>
	With <i>Milk</i> or Water	With <i>Milk</i> or Water	With <i>Milk</i> or Water	With <i>Milk</i> or Water	With <i>Milk</i> or Water
<b>Lunch</b> 11.15 am - 12.15 pm	Beef or Chickpea Primavera, Fusilli Pasta  <i>Wheat, Milk</i>  Summer Fruit Salad and Ice Cream Milk	Vegetable and Mixed Bean Korma, with Pilau Rice and Naan Bread  <i>Celery, Coconut Milk</i>  Fromage Frais with Peaches Milk	Steamed Cod and Salmon with a Mixed Pepper and Tomato Sauce with Cous Cous <i>Fish, Celery, Wheat</i>  Milk Jelly with Raspberries <i>Milk</i> or Raisin Fruit Scone (Vegetarian) <i>Wheat</i>	Homemade Lemon and Pepper Chicken Nuggets or Breaded Lemon Veggie Fingers with Potato Wedges, Peas and Sweetcorn <i>Wheat, Soya, Egg</i> Mini Carrot Cakes and Vanilla Sauce <i>Wheat, Egg, Milk</i>	Sausage/Veggie Sausage Stretch with Seasonal Vegetables and Sweet Potato Mash <i>Wheat, Soya, Gluten, Sulphur Dioxide, Dextrose</i>  Fromage Frais with Lychees <i>Milk</i>
	Water	Water	Water	Water	Water
<b>Afternoon Snack</b> 3.15 pm - 3.45 pm	Oat Cakes with Cream Cheese and Nectarines  <i>Oats, Milk</i>	Ham Sandwiches with Watercress and Pepper Sticks  <i>Wheat, Soya</i>	Beans on Toast with Olive Spread  <i>Wheat, Soya</i>	Bagels with Olive Spread and Pineapple Sticks  <i>Check Product</i>	Crumpets with Olive Spread and Cucumber Sticks and Baby Tomatoes  <i>Wheat</i>
	With <i>Milk</i> or Water	With <i>Milk</i> or Water	With <i>Milk</i> or Water	With <i>Milk</i> or Water	With <i>Milk</i> or Water

**Note :** Fresh drinking water is available throughout the day